



Alpine Presbytery

resourcing the braided river

www.alpinepresbytery.org

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Newsletter 21st January 2021

Prayer Retreat—14th—16th February

Registrations for our upcoming Prayer Retreat are now open. We hope that this will be a space that will allow us to find consolation (deep peace) rather than desolation (fear and anxiety) and help us to build our spiritual resilience.

The retreat will be led by Rev Heather Simpson and held at **Raincliff Anglican Youth Camp** in South-Canterbury (find a map here: <http://www.raincliff.freeservers.com/custom2.html>) and will run from the **14th - 16th February**. (From 7pm Sunday evening to approximately 11am on Tuesday morning.) The cost for the weekend is \$75 which includes food and accommodation.

Heather is trained in spiritual direction by Spiritual Growth Ministries and has been leading spiritual direction for the past 3 years. There will be some opportunities for those attending to have a 30-45 minute one on one spiritual direction session with her.

Anyone who is serving in a leadership capacity in your church is welcome to attend and you can register by filling in the form here: <https://alpine.infoodle.com/f/PrayerRetreat2021Registrations>

Coracle—A weekend for explorers

In the 6th Century, Columba arrived on the Island of Iona on a “coracle.” A coracle is a small boat, and for some Celtic missionaries they would simply go where the tide took them.

Pilgrim, voyager, explorer, pioneer – all words that describe a sense of “finding our way” with no fixed idea of what the future may look like. Maybe these words describe you or someone you know? Maybe you have questions about church, mission, the future – wondering about what could be, and carrying some questions about what is now? If so join us “around the campfire” in Hanmer Springs in 2021.

Save the date: Friday evening 30 April – Sunday morning 2 May

Why? For people interested in exploring new ways of being church to tell stories, learn together, pray and listen. Some conversations will explore practical steps like getting started in a venture like this.

More information will be sent out soon, in the meantime register your interest with Abi: abi@alpinepresbytery.org

Hosted by Alpine Presbytery and other PCANZ friends

Ministry Conference 2021

Theme: Resilience and Wellbeing in Uncertain Times.

Tuesday 18th and Wednesday 19th May 2021 (1.5 days), in East Taieri.

Speakers: Rod Galloway and Paul Reet.

We all want to see the people of God thriving and the mission of God prospering even in the uncertain times after a global pandemic. South Island Ministry Conference 2021

COMING UP

Prayer Retreat at Staveley Camp:
14—16 February

Next Presbytery Gathering:
19-21 March at St David's in Ashburton

Coracle—weekend for explorers:
30 April—2 May

Presbytery Retreat at Hanmer Springs: 2—4 May

Newsletter Items

Please share this Newsletter around your Parish, especially with members of Session/Parish Council and all office bearers.

Details of events, or requests to be added to the distribution list, should be emailed to gail@alpinepresbytery.org

Cut off for items for next week's Newsletter is **Thursday 28th January**



will explore building resilience, wellbeing and wholeness, so we and our work for God are healthy and fruitful. Come along to be refreshed by the Holy Spirit through four great keynote sessions, inspiring worship, fantastic food, relaxed networking, and an idea-filled panel discussion about how churches are adapting to ministry in a post-lockdown world.

More details will be available in February/March.

Christchurch Camino Group

The next meeting of the Christchurch Camino group will be held Monday 1st February, 7—9pm in the Sydenham Room at the Southern Learning Centre, 66 Colombo Street. Entry is via the Night Entrance. Registration commences at 6.45pm.

The purpose of our group is to provide a platform to discuss all things Camino. Please contact Deb by email for further information: christchurchcaminogroup@gmail.com

Understanding Self-Harm Workshop

Saturday 20 March, 1:30-4:30pm, Laidlaw Venue, 70 Condell Avenue, Bryndwr.

Early bird closes 5 February

Self-harm seems to be on the rise. Many support workers and caregivers can often find it difficult to know how best to help someone who is self-harming. The behaviour is often misunderstood and stigmatised, and what you believe about self-harm will directly affect how you help someone who does it.

In this three-hour workshop, Dr Kirsty Moore will help support workers and caregivers gain a better understanding of what self-harm is and what it is not. She will look at what motivates a person to self-harm, and how you can support someone who is self-harming.

Kirsty will also share her own story of self-harm and her journey to recovery. Participants will be taken through several scenarios to consider how best to navigate them. There will also be an opportunity for questions.

This *adults only* workshop is designed to help those journeying with others: youth workers, pastoral care workers, chaplains, HR, social workers, teachers, and caregivers. (NB: There is no Christian content in this workshop)

[Download the flyer here](#)

New journal table-of-contents - Hewitson Library

Here are the contents pages from the most recent issue of:

[*Refresh: Journal of Contemplative Spirituality, Vol 22 No 2, Summer 2021*](#)

[*Sojourners, Vol 50 No 1, January 2021*](#)

Email hewitson@prcknox.org.nz if you would like copies of any of the articles scanned and sent to you; copyright allows any two articles at any one time to be scanned on your behalf.

From the last Newsletter

- **From the Presbytery Moderator**
- **From the Executive Officer**
- **Akaroa-Banks Peninsula Parish**
- **Hope Community Christmas Outreach**
- **Student Soul**
- **Ministry Conference 2021**

Dropbox link for documents mentioned in this newsletter can be accessed via this link: control & click, or copy & paste the link to your browser:

<https://www.dropbox.com/sh/5k528skz4niqhg/AABDjLatKU2-C2reVHA6hVza?dl=0>

Presbytery Contact Details

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Presbytery Directory

If you need to obtain information from the Presbytery Directory, please initially ask your Parish Office, as most of these have been given a log-on to Infoodle.

If you do need for your own logon access, send your request to Gail at gail@alpinepresbytery.org.

Please do bear in mind, though, that we need to be aware of our obligations under the Privacy Act.

Resources

A selection of resources and links to resources to assist you with your work and outreach can be found on our website here: alpinepresbytery.org/resources/

Alpine Presbytery

Culture & Strategic Framework

[Click here](#) to download this document, updated September 2020